

AGE-RELATED MACULAR DEGENERATION

AMD is a progressive disease that causes a part of your retina, called the macula, to slowly deteriorate as you get older. The macula is responsible for your central vision, which allows you to do things like read, watch TV, recognize faces, and drive.

Without early detection and management, a majority of AMD patients experience substantial, permanent vision loss before treatment begins. As a result, AMD is the leading cause of severe vision loss in people over age 50.

Currently, there is no cure for AMD. However, progression of the disease can be slowed with early detection and proactive disease management, including lifestyle changes, protective eyewear, and nutritional supplements. Late-stage AMD can often be treated with injections.

NORMAL VISION



VISION WITH AMD



TALK TO YOUR DOCTOR

about testing with the AdaptDx Pro device and take the first step toward protecting your vision.



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Don't be in the dark about AMD.
Get tested today!

Age-related macular degeneration (AMD) is the leading cause of adult vision loss in the US.

A simple test, performed with an AdaptDx Pro™ device, can detect the earliest signs of this common disease.





WHO SHOULD BE TESTED FOR AMD

One of the earliest symptoms of AMD is poor or failing night vision. In addition, there are several factors that may increase your risk, including:

- Age 50 or older**
- Family history of AMD**
- Caucasian (white)**
- Smoker or past smoker**
- Being overweight**
- Heart disease, high blood pressure or high cholesterol**

EARLY DETECTION CAN HELP PRESERVE YOUR SIGHT



If your doctor notices any signs of AMD or thinks you may be at increased risk, testing with the AdaptDx Pro device will likely be advised.

HOW THE TEST WORKS

There are cells in your eyes, known as rods, that help you see in the dark.



These cells are responsible for how quickly your vision adapts from light to darkness and are the first part of the eye affected by AMD. Since this is an early indicator for AMD, being tested with the AdaptDx Pro can help your doctor make an early diagnosis.

The AdaptDx Pro measures the number of minutes it takes your vision to adjust to darkness. The result of the test is your rod intercept (RI). This single number provides your doctor with critical information to help determine if you have AMD.







UNDERSTANDING YOUR RESULTS

If your RI is greater than 6.5 minutes, it's an early warning sign of AMD. As a result, your doctor may ask to see you more frequently to monitor your RI and look for changes in the structure of your eye. This also allows your doctor to develop a treatment plan to protect your vision.

HOW TESTING HELPS PRESERVE VISION

If you or a loved one is diagnosed with AMD, your doctor may make the following recommendations to protect your vision:

-  Prescribe smoking cessation programs
-  Prescribe nutritional supplementation
-  Discuss lifestyle modifications with respect to diet and exercise
-  Discuss the reduction of weight, blood pressure and cholesterol
-  Prescribe blue light protection
-  Prescribe UVA and UVB sunglasses
-  Actively monitor your condition and possibly refer you to a retina specialist for further evaluation